Metastatic thyroid C-cell carcinoma in a beagle dog

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Abstract : An adult beagle dog was presented with a cervical mass detected by palpation and computed tomography. Fine needle aspirates revealed numerous epithelial cells with plasmacytoid appearance and frequent naked nuclei. Histologically, the mass consists of multiple packets of neoplastic cells and extensive areas of necrosis and fibrosis. Neoplastic cells were also found in submandibular lymph nodes. Immunohistochemistry showed that neoplastic cells were positive for calcitonin and negative for thyroglobulin. Based on these findings, the cervical mass was diagnosed as thyroid C-cell carcinoma. Almost one year after the surgical excision, the dog remains healthy without any symptom of recurrence or metastasis.

Keywords : calcitonin, C-cell carcinoma, dog, metastasis, thyroid

Tumors of thyroid gland are relatively common and accounts for 1.2 to 3.8% of all canine tumors [9]. In dogs, malignant thyroid tumors are more common than benign tumors and can arise from either follicular or parafollicular cell lineages [6]. Generally, canine thyroid C-cell carcinomas are more encapsulated and less invasive than thyroid adenocarcinomas. Compared to thyroid adenocarcinomas, canine thyroid C-cell carcinomas carry a more favorable prognosis. Because prognosis of thyroid tumors in the dogs is different for each subtype, determination of their subtype is important [5]. The present report describes the clinical, morphologic and immunohistochemical features of a thyroid C-cell carcinoma occurred in a beagle dog.

An 11-year-old female beagle dog weighing 9.8 kg was presented to the Irion Animal Hospital, Seoul, South Korea for several-year history of intermittent facial nerve paralysis. On physical exam, the dog was overweight with a body score of 4/5. Palpation revealed a mass on neck region. Computed tomography (CT) was performed in order to characterize the anatomic location of the cervical mass in association with surrounding tissue. CT revealed a heterogeneous, peripherally contrast-enhanced, ellipsoidal and lobulated mass, 42.3 mm × 13.7 mm × 10.0 mm in size, adjacent to the common carotid artery and the trachea (Fig. 1). Radiography showed bilateral degenerative arthritis in stifles joints. Complete blood counts, serum chemistry, and urinalysis were carried out and the results were unremarkable except calcium level in the upper margin (11.8 mg/dL, reference interval: 7.9–12.0 mg/dL). Total T4, free T4 and thyroid stimulating hormone lev-
Cytology samples were obtained by fine needle aspiration (FNA) from the cervical mass, smeared on glass slides, air dried and stained with Diff-Quick. Smears of the FNA showed moderate to high cellularity composed of small clusters of cells and individualized cells. Cells with naked nuclei were frequently observed. Occasional cells exhibited plasmacytoid morphology with abundant, basophilic granular cytoplasm and an eccentrically located nucleus with multiple prominent nucleoli and coarse chromatin pattern. Anisocytosis and anisokaryosis of the neoplastic cells were moderate. Amorphous to granular basophilic material is present in the background. Diff Quik stain. Scale Bar = 40 µm.

The cervical masses were surgically excised, fixed in 10% neutral buffered formalin, and sent to a commercial diagnostic laboratory (The IDEXX laboratory, USA). The tissues were routinely processed, embedded in paraffin, sectioned at 4 µm, and stained with hematoxylin and eosin for microscopic examination. Histologically, the mass was primarily composed of neoplastic nests or lobules separated by delicate fibrovascular stroma. Occasional thyroid follicles filled with colloid material were interspersed in the neoplastic tissue. H&E. Scale Bar = 250 µm.

Based on the location and morphological features, differential diagnoses of thyroid adenocarcinoma, thyroid C-cell carcinoma, carotid body chemodectoma, parathyroid carcinoma and other plasmacytoid neoplasms were included. In order to determine the origin of the neoplastic cells, immunohistochemistry (IHC) was performed on the replicate sections of the mass. Primary antibodies used for the IHC were 0.8 µg/mL thyroglobulin (catalog no. A0251; Dako, USA) diluted in casein (catalog SP-5020; Vector Laboratories, USA) and 0.3 µg/mL calcitonin (catalog no. A0576; Dako) diluted in casein. Primary antibodies were incubated for 30 min at room temperature. Neoplastic cells were positive for calcitonin (Fig. 4) and were negative for thyroglobulin (Fig. 5). The IHC findings led to the diagnosis of thyroid C-cell carcinoma and clearly ruled out thyroid adenocarcinoma and other tumor types.

Thyroid C-cell carcinomas, also known as parafollicular or C-cell thyroid carcinomas represent 36% of all thyroid carcinomas in a retrospective study of 38 cases of canine thyroid neoplasms, and have a slightly different gross appearance and prognosis compared to thyroid adenocarcinomas [5]. Cytologically, thyroid adenocarcinomas are composed of a fairly uniform population of neoplastic epithelial cells characterized by a round to polygonal shape, moderate amount of basophilic cytoplasm containing small clear vacuoles and/or rare blue/black granules, moderate to high nucleus to cytoplasm ratio, and medium to large round nuclei with granular to clumped chromatin [2]. Clusters or sheets of epithelial cells are typically seen and often contain amorphous eosino-
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philic material suggestive of secretory function. Anisocytosis and anisokaryosis are generally moderate. In contrast, cytology of thyroid C-cell carcinoma is characterized by numerous naked nuclei embedded in a background of pale-blue material, typical of neuroendocrine tumors, such as chemodectoma and adrenal pheochromocytoma [3]. Moreover, nuclei of the thyroid C-cell carcinoma are placed eccentrically within the cell and fine eosinophilic granules are often observed within the cytoplasm [2]. The cytologic features of canine thyroid C-cell carcinomas are similar to those of the human counterpart. FNAs of human thyroid C-cell carcinomas consist of individualized or loosely cohesive groups of cells with poorly defined cytoplasmic borders. The nuclei tend to locate eccentrically within the cytoplasm, imparting a plasmacytoid appearance to the tumor cells [7].

Cytologic features of the thyroid C-cell carcinomas could be similar to some cases of follicular and solid adenocarcinomas. Indeed, the cytologic features provided in this case are fairly similar to those provided in a case report of ectopic thyroid follicular carcinoma [4]. Furthermore, solid subtype of thyroid adenocarcinoma may mimic C-cell carcinoma histologically. It is impossible to make a definitive diagnosis based on cytology and histology. It has been well established that a definitive differential diagnosis between thyroid adenocarcinoma and C-cell carcinoma requires immunohistochemistry against thyroglobulin, chromogranin, neuron-specific enolase and calcitonin [5, 8, 10].

Compared to thyroid adenocarcinomas, canine thyroid C-cell carcinomas are usually well-encapsulated and less invasive and carry a more favorable prognosis [5]. Almost one year after the surgical excision of the cervical mass, the dog remains healthy without any symptom of recurrence or metastasis, which was confirmed by monthly-based physical exam, blood testing and radiologic evaluation. The calcium levels at the high margin could be due to the increased calcitonin produced from the neoplastic cells, reportedly similar to human thyroid C-cell carcinomas [1]. However, the serum calcitonin level in the present case was not evaluated.

In summary, the present case report describes the clinical, cytological, histological, and immunohistochemical features of a metastatic thyroid C-cell carcinoma in a dog with a favorable prognosis following surgical excision.

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Fig. 4. Immunohistochemistry of the cervical mass from a beagle dog. Note the positive staining for calcitonin in the cytoplasm of the neoplastic cells. Immunohistochemistry and hematoxylin. Scale Bar = 50 µm.

Fig. 5. Immunohistochemistry of the cervical mass from a beagle dog. Negative staining for thyroglobulin in the neoplastic cells. Immunohistochemistry and hematoxylin. Bar = 250 µm.

References

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